

What is Palliative Care?

The Canadian Hospice Palliative Care Association (CHPCA) states that:

The aims of Palliative Care are:

- To relieve suffering and improve the quality of living and dying;
- To provide care to any person and/or family, living with any life-threatening illness or diagnosis;
- To enhance or complement disease-modifying therapy or become the focus of care; and,
- To provide an interdisciplinary team of health care providers to effectively address the needs of the patient and family.



**HOSPICE PALLIATIVE CARE TEAMS
FOR CENTRAL LHIN**

How to Make a Referral

Referrals are accepted from multiple sources including patients, families, physicians, nurses, community agencies, hospices, hospitals, LTC and retirement homes.

Our CNCs work collaboratively with the interprofessional team, encouraging family physicians to stay involved with their patients.

When calling with a referral, please provide:

- Patient's name and date of birth
- Rationale and urgency for referral
- Presenting problem
- Relevant history

Our Clinical Nurse Consultants provide service in the following communities of Central LHIN.

- Alliston
- Aurora
- Bradford
- Beeton
- East Gwillimbury
- Georgina
- King
- Maple
- Markham
- Newmarket
- North York
- Richmond Hill
- Schomberg
- Stouffville
- Thornhill
- Tottenham
- Vaughan

To make a referral, please call 905 895-4521, ext. 6388 and your application will be directed to the CNC in the appropriate geographic location.



HPC Teams for
Central LHIN
A Partnership for Caring

Hospice Palliative Care Clinical Nurse Consultant Team

**Hours: Monday to Friday
8:30 am to 4:30 pm**

Phone: 905 895-4521, ext 6388

Fax: 905 830-5978

Email: hpcteams@southlakeregional.org

Web: www.centralhpcnetwork.ca/hpc/hpcteams.html

**On-call number for after hours,
weekends and holidays
Phone: 905 954-5220**

A Partnership for Caring:

Central LHIN Home and Community Care, Southlake Regional Health Centre, Temmy Latner Centre

Clinical Nurse Consultant (CNC)

Clinical Nurse Consultants facilitate hospice palliative care consultation, education, mentorship and linkages to resources across the continuum of care:

- Central LHIN Home and Community Care
- Community Nursing & Support Agencies
- Family Health Teams
- Hospices (Residential & Community)
- Long Term Care and Retirement Homes
- Physicians

CNCs serve as a resource to assist staff in interpretation and application of assessment tools and best practice guidelines.

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Services Offered

Clinical Nurse Consultants:

- Offer consultation to service providers in person, by telephone, or email to assist with assessment and management of pain and other symptoms.
- Provide case-based education and mentoring for service providers.
- Help build capacity among front line providers in the delivery of care.
- Provide expertise in palliative pain & symptom management to patients and families.
- Link to health care providers with specialized hospice palliative care resources.

Learning Opportunities

CNCs promote learning and staff development addressing the needs of the patient and family by:

- Facilitating the integration of knowledge into clinical practice.
- Providing a standardized calendar of courses, workshops, and education sessions.
- Facilitating interprofessional team meetings.



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The Hospice Palliative Care Teams for Central LHIN is a partnership of the following organizations:

- Southlake Regional Health Centre
- Central LHIN Home and Community Care
- Temmy Latner Centre for Palliative Care, Mt. Sinai Hospital

The HPC Teams for Central LHIN receives funding and support through the Central Local Health Integration Network (LHIN) and the Ministry for Health and Long-Term Care (MOHLTC).

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